

# SPRAY TAN PREP

Please read thoroughly as the prep and  
aftercare is crucial to getting quality  
results!

- 1) SHAVE & EXFOLIATE <sup>24</sup> HOURS BEFORE YOUR SPRAY TAN.
  - MOISTURIZE WITH A FRAGRANCE FREE LOTION DIRECTLY AFTER EXFOLIATING & SHAVING.
  - BE SURE TO EXFOLIATE ENTIRE BODY HEAD TO TOE THOROUGHLY!!!
- 2) EXFOLIATE WITH AN EXFOLIATING GLOVE NOT A SCRUB! REFRAIN FROM ANY SCRUBS THAT CONTAINS OILS
- 3) DO NOT HAVE ON ANY EXISTING SELF-TANNER OR AN OLD SPRAY TAN ON!
- 4) BE SURE TO DO ANY WAXING <sup>48</sup> HOURS BEFORE YOUR APPOINTMENT. HOWEVER SHAVING IS BEST WHEN GETTING A SPRAY TAN.
- 5) THE MORNING OF YOUR SPRAY TAN APPOINTMENT, DO A QUICK RINSE IN THE SHOWER TO REMOVE ALL LOTIONS, DEODORANTS, MAKEUP, ECT. DO NOT WEAR ANY DEODORANT, MAKEUP, LOTIONS OR PERFUMES ON THE SKIN THE DAY OF YOUR APPOINTMENT.
- 6) BE SURE TO GET ANY MANICURES, PEDICURE, FACIALS OR MESSAGES WELL BEFORE YOUR SESSION!
- 7) REFRAIN FROM DOVE SOAP OR ANY FRAGRANCED PRODUCTS BEFORE AND AFTER THE TAN.
- 8) DO NOT PLAN TO GET ANY PART OF YOUR SKIN WET OR SWEAT FOR AT LEAST 8 HOURS AFTER YOUR SPRAY TAN. THIS INCLUDES WASHING YOUR HANDS.
- 9) WEAR LOOSE, DARK CLOTHING. SWEATPANTS, OR LONG, LOOSE PANTS IS IDEAL WITH SANDALS OR FLIP FLOPS. DO NOT WEAR TIGHT CLOTHING.

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